

1. By paying for the service, each guest confirms that they are familiar with these rules and undertakes to comply with them. The guest is responsible for the consequences of ignorance and non-compliance of these rules
2. The pool and sauna area is open daily from 08:00 until 21:00, unless, for objective reasons, it is not possible to work at the specified time.
3. Hotel guests leave their personal belongings in the lockers provided.
4. Persons under the age of 14 shall be admitted to the pool and sauna area only if they are accompanied by the adult persons supervising them; from 14 to 18 years of age only with the written consent of one of the parents. In case of doubts about a person's age, a SPA NIDA employee has the right to request the presentation of an identity document.
5. Access to swimming pools and saunas is allowed only with clean, non-slip footwear.
6. Before using the pool and sauna area, the guest must make sure that his / her physical capacity and health status allows to use these services. Negative consequences are borne by the guest.
7. Guests who incur health problems must contact SPA NIDA staff immediately.
8. Visiting the pool and sauna area is prohibited in case of having infectious, viral or other diseases as well as having open wounds or other health conditions that can cause risk to the health or life of themselves or other guests.
9. It is forbidden to visit the pool and sauna area under the influence of alcohol, drugs or psychotropic substances.
10. SPA NIDA employees have the right not to allow entry of persons whose behaviour may disturb the general order of the pool and sauna areas, endanger the safety of other guests, or the hygienic condition of the pool and sauna area.
11. Guests in the pool and sauna area are recommended to:
 - 11.1. Take a thorough shower before going to the pools and saunas.
 - 11.2. Having showered, dry oneself in the shower and only then enter the dressing room.
 - 11.3. Follow the warning signs and the recommendations on them.
 - 11.4. Enable silent mode on mobile phones.
 - 11.5. Do not make noise, do not jump into the pool.
 - 11.6. Waterproof diapers are mandatory for children under 3 years of age.
 - 11.7. In case of fire, leave the pool and sauna area immediately under the guidance of SPA NIDA staff instructions, evacuate according to the evacuation plan of the pool and sauna area.
12. The following is prohibited in the pool and sauna area:
 - 12.1. To bring glassware, personal cosmetics and hygiene products to showers and saunas (shaving, depilation).
 - 12.2. To bring any drinks and food to the pool and sauna area.
 - 12.3. use your own infusions, body scrubs, extracts and brooms in the saunas
 - 12.4. Pour water onto the sauna stones or adjust the devices.
13. SPA NIDA STAFF IS NOT RESPONSIBLE FOR GUESTS PERSONAL ITEMS THAT WERE LEFT OR LOST. ITEMS FOUND ARE STORED AT THE HOTEL RECEPTION FOR THREE MONTHS.